

Brussels, 13 December 2024

To: EHC National Member Organisations

Subject: Call for volunteers to join the EHC Mental Health Working Group

Dear NMOs,

The European Haemophilia Consortium (EHC) is currently looking for six (6) volunteers to join its newly established Mental Health Working Group for a period of one year (2025).

We are seeking volunteers to join a new Mental Health Working Group that will collaborate on developing a mental health survey in 2025. This group will focus on raising awareness, offering support, and promoting education on mental health within the bleeding disorders community across Europe. The working group will provide valuable insights and guidance to EHC members, volunteers, and staff on mental health issues affecting the community.

The EHC is currently looking for:

- Six (6) volunteers who either have a bleeding disorder or relative/caregiver of a person with a bleeding disorder.

The ideal candidate will:

- Be a member of or have a strong professional link with one of the EHC National Member Organisations (NMO),
- Be fluent in English,
- Commit to dedicate enough time to fulfil the activities carried out by the working group. The estimated time needed is one hour per week, plus one-hour online meeting per month. The workload may require the ability to work on short notice and to meet tight deadlines.
- Have experience at either national or international level in carrying out mental health activities in the bleeding disorder community.

To apply for this position, candidates will need to send:

- The candidate's CV, outlining in particular relevant experience such as volunteering,
- A motivation letter outlining briefly their background and why they are interested in joining the working group,
- A letter of recommendation from the NMO President outlining why they believe the candidate would make a great addition to this Mental Health Working Group.

Applications should be sent to [zita.gacser\[@\]ehc.eu](mailto:zita.gacser[@]ehc.eu) by **9 January 2025** at the latest.

In attachment, you will find the Terms of Reference further outlining the Working Group's objectives and the volunteer recruitment process. The candidates will be reviewed and selected by the EHC Steering Committee based on the criteria outlined above.

If you have any additional questions about this call for candidature, please do not hesitate to contact the EHC office.

Sincerely yours,



Miguel Crato
EHC President

EHC MENTAL HEALTH WORKING GROUP

About mental health in the bleeding disorders community

When we refer to mental health in the bleeding disorders community, we mean the well-being of individuals affected by bleeding disorders. This ad hoc Working Group is being established to focus on the development of a mental health survey that the European Haemophilia Consortium (EHC) plans to carry out in 2025. The group will bring together individuals with a keen interest in promoting and raising awareness of mental health issues within the bleeding disorders community.

Role

The role of this new Mental Health Working Group is to collaborate on developing a mental health survey in 2025. This group will focus on raising awareness, offering support, and promoting education on mental health within the bleeding disorders community across Europe. The working group will provide valuable insights and guidance to EHC members, volunteers, and staff on mental health issues affecting the community.

Composition

The EHC Mental Health Working Group shall be composed of no more than 8 persons:

EHC structures:

- One EHC Steering Committee member,
- One EHC Staff member,

Volunteers:

- One healthcare professional, ex nurse or haematologist.
- 5-6 volunteers who either have a bleeding disorder or relative/caregiver of a person with a bleeding disorder. In the selection of volunteers different bleeding disorders, involvement in NMO, experience, and geographical spread will be taken into consideration.

To a large extent the Working Group will seek expertise from the EHC Medical Advisory Group (MAG). When needed, the Working Group may consult additional external experts on particular issues.

Eligibility

The members shall:

- Be members of or have a strong professional link with one of the EHC National Member Organisations (NMO),
- Be fluent in English,
- Commit to dedicate enough time to fulfil the activities carried out by the Mental Health Working Group. The estimated time needed is one hour per week, plus one 1-hour online meeting per month. The workload may require the ability to work on short notice and to meet tight deadlines.
- Have experience at either national or international level in carrying out mental health activities in the bleeding disorder community.

Selection process and mandate

The above members of the Mental Health Working Group shall be selected as follows:

- An open call for volunteers will be sent out to EHC NMOs, the volunteers shall be selected on the basis of meeting the above criteria and on the quality of their applications. Selected candidates will be appointed by the EHC Steering Committee for a period of one year,
- The EHC Steering Committee Member shall be appointed by the EHC Steering Committee for a period of one year,
- The EHC staff member shall be appointed by the EHC Chief Executive Officer for a period of one year.

The Working Group shall appoint a chair with a mandate of one year, who will be responsible for leading the work of the Working Group. (The Chair shall meet with the EHC Steering Committee to report on the group's activities.)

If any member of the Working Group should resign during his/her mandate, the EHC will open a new call for applications to find replacement.

If any member of the Mental Health Working Group does not attend three consecutive meetings in a row without prior notice and a reasonable explanation, the Working Group shall have the discretion to remove his/her membership.

Created and approved – November 2024