

Brussels, 21 November 2025

To: EHC National Member Organisations

Subject: Call for volunteers to join the EHC Mental Health Working Group

Dear NMOs,

The European Haemophilia Consortium (EHC) is currently looking for six (6) volunteers to join its Mental Health Working Group for a period of one year (2026).

We are seeking volunteers to join the Mental Health Working Group, which will continue the work started during the first term. The group will focus on completing and analysing the 2025 mental health survey, presenting its results, and proposing new initiatives based on the findings. It will also work to strengthen awareness, provide support, and promote education on mental health within the bleeding disorders community across Europe. Members of the group will contribute insights and guidance to EHC members, volunteers, and staff on mental health issues affecting the community.

The EHC is currently looking for:

- Six (6) volunteers who either have a bleeding disorder or relative/caregiver of a person with a bleeding disorder.

The ideal candidate will:

- Be a member of or have a strong professional link with one of the EHC National Member Organisations (NMO),
- Be fluent in English,
- Commit to dedicate enough time to fulfil the activities carried out by the working group. The estimated time needed is one hour per week, plus one-hour online meeting per month. The workload may require the ability to work on short notice and to meet tight deadlines.

- Have experience at either national or international level in carrying out mental health activities in the bleeding disorder community.

To apply for this position, candidates will need to send:

- The candidate's CV, outlining in particular relevant experience such as volunteering,
- A motivation letter outlining briefly their background and why they are interested in joining the working group,
- A letter of recommendation from the NMO President outlining why they believe the candidate would make a great addition to this Mental Health Working Group.
- The [Conflict of Interest Disclosure Form](#) duly completed and signed. The Conflict of Interest Policy can be found [on our Community website](#).
- The [Code of Conduct Form](#) duly completed and signed.

Applications should be sent to zita.gacser@ehc.eu by **4 January 2026** at the latest.

In attachment, you will find the Terms of Reference further outlining the Working Group's objectives and the volunteer recruitment process. The candidates will be reviewed and selected by the EHC Steering Committee based on the criteria outlined above.

If you have any additional questions about this call for candidature, please do not hesitate to contact the EHC office.

Sincerely yours,



Miguel Crato
EHC President

EHC MENTAL HEALTH WORKING GROUP

About mental health in the bleeding disorders community

When we speak about mental health in the bleeding disorders community, we refer to the overall emotional and psychological well-being of people living with bleeding disorders. The Mental Health Working Group was created in early 2025 to develop a mental health survey conducted by the European Haemophilia Consortium (EHC) during the second half of that year. This group brings together individuals committed to promoting mental health awareness and support within the community.

Role

The Mental Health Working Group is responsible for completing the 2025 survey, presenting its findings, and recommending new initiatives based on the results. In addition, the group aims to strengthen awareness, provide guidance, and encourage education about mental health across the European bleeding disorders community. It will offer insight and advice to EHC members, volunteers, and staff to help address the mental health needs of those affected.

Composition

The EHC Mental Health Working Group shall be composed of no more than 8 persons:

EHC structures:

- One EHC Steering Committee member,
- One EHC staff member,

Volunteers:

- One healthcare professional, ex nurse or haematologist.
- 5-6 volunteers who either have a bleeding disorder or relative/caregiver of a person with a bleeding disorder. In the selection of volunteers, different bleeding disorders, involvement in NMO, experience, and geographical spread will be taken into consideration.

To a large extent, the Working Group will seek expertise from the EHC Medical Advisory Group (MAG). When needed, the Working Group may consult additional external experts on particular issues.

Eligibility

The members shall:

- Be members of or have a strong professional link with one of the EHC National Member Organisations (NMO),
- Be fluent in English,
- Commit to dedicating enough time to fulfil the activities carried out by the Mental Health Working Group. The estimated time needed is one hour per week, plus one 1-hour online meeting per month. The workload may require the ability to work on short notice and to meet tight deadlines.
- Have experience at either the national or international level in carrying out mental health activities in the bleeding disorder community.

Selection process and mandate

The above members of the Mental Health Working Group shall be selected as follows:

- An open call for volunteers will be sent out to EHC NMOs; the volunteers shall be selected on the basis of meeting the above criteria and on the quality of their applications. Selected candidates will be appointed by the EHC Steering Committee for a period of one year,
- The EHC Steering Committee Member shall be appointed by the EHC Steering Committee for a period of one year,
- The EHC staff member shall be appointed by the EHC Chief Executive Officer for a period of one year.

The Working Group shall appoint a chair with a mandate of one year, who will be responsible for leading the work of the Working Group. (The Chair shall meet with the EHC Steering Committee to report on the group's activities.)

If any member of the Working Group should resign during his/her mandate, the EHC will open a new call for applications to find replacement.

If any member of the Mental Health Working Group does not attend three consecutive meetings in a row without prior notice and a reasonable explanation, the Working Group shall have the discretion to remove his/her membership.

The Steering Committee liaison is a full member of the Working Group with rights and duties.

Working Group members agree to allow personal information to be used as per the EHC Privacy and Data Handling Policy.

Working Group members agree to undertake their responsibilities as members of the Mental Health Working Group in line with the EHC Code of Conduct and

Conflict of Interest.

Created and approved – November 2024

Revised – June 2025

Revised – November 2025