

Annual Report 2025

**EHC Mental Health  
Working Group**

## Working Group

- **Our goals:** Addressing community mental health needs for holistic care and optimal health outcomes, particularly for those affected by bleeding disorders.
- **We are there for:** We consider the bleeding disorders community as a whole. We consider not only the patient themselves, but also the people around them, e.g., their partner, children, and parents.

## Priorities

- Map the needs of people with bleeding disorders and their support network.
- Improve access to mental health services and comprehensive care.
- Highlight the need for mental health to be considered in the care.



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In 2025, the work of the Mental Health Working Group was supported by:

**Zita Gacser**, EHC Community & Projects Lead

**Enea Atroce**, EHC Project Assistant (October – December)

**Stavroula Koukouzeli**, EHC Project Assistant (January – April)

## Awareness

In September 2025, we contributed to the EHC Round Table “Beyond the Diagnosis” in Brussels, hosted by MEP András Tivadar Kulja. Bringing together a range of stakeholders, the discussion focused on **breaking down stigma and improving access to care.**



## Data Collection

In August 2025, we launched a **mental health survey** for patients and caregivers. Offered in 19 languages, the survey received 338 responses. Results are planned for release in 2026.

## Education

In October 2025, we took part in the EHC Annual Conference in Vienna by leading a session on the **psychosocial impact of treatment.** The discussion addressed discrimination, mental health challenges linked to new therapies, and the shift from “heroes” to living as ordinary people.

