

Von Willebrand Disease (VWD)

Symptoms

VWD is a bleeding disorder caused by a deficiency or dysfunction of von Willebrand factor (VWF), a protein that helps blood clot.



► **Frequent or long-lasting nosebleeds**



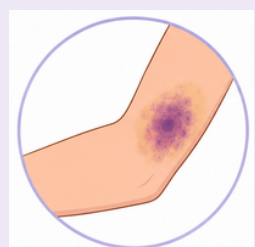
► **Joint bleeding**, which occurs in more severe cases but can also be seen in mild and moderate VWD forms



► **Bleeding in muscles**



► **Extended bleeding** after injury, surgery, dental procedures, or childbirth



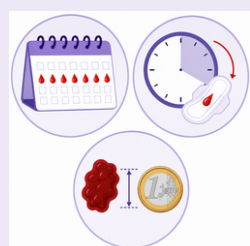
► **Easy bruising or bruises that persist**



► **Gastrointestinal bleeding**, affecting both the upper and lower tracts



► **Prolonged bleeding** from minor cuts or in the mouth



► **Menstrual bleeding** lasting longer than **7 days**
 ► Having to **change** menstrual hygiene products more frequently than **every 2 hours**
 ► Passing **blood clots** larger than a **1-Euro coin**

Individuals with VWD may experience few or no symptoms, while those with more severe forms may face significant bleeding issues.



Symptoms can vary widely from person to person and even within the same family. If you experience unusual or heavy bleeding, consult your healthcare provider.