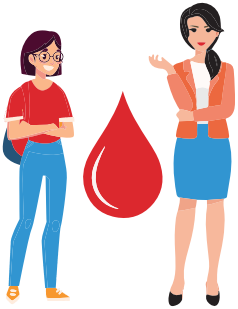
PRINCIPLES OF CARE

FOR WOMEN & GIRLS WITH INHERITED BLEEDING DISORDERS



Women and Girls with Bleeding Disorders (WGBD) face unique challenges. In order to **optimise diagnosis, care and management** of WGBD, the EAHAD Women and Bleeding Disorders Working Group have developed the following Principles of Care (PoC):



Equal availability and equal quality of treatment for all people with a bleeding disorder, regardless of gender.



Addition of gynaecologists, obstetricians and midwives in multidisciplinary treatment teams.



Providing of patient centered support and treatment before, during and after pregnancy.



Early and right diagnosis of the bleeding disorder in girls and women.



Education for girls and women with bleeding disorders and their families about the menstrual cycle.



Inclusion of girls and women with bleeding disorders in registries and research.



Awareness of the additional difficulties girls and women with a bleeding disorder face.



Early diagnosis and treatment of heavy menstrual bleeds.

Scan and read more.



Support from a comprehensive care centre for the whole family.



Availability of prepregnancy counselling and prenatal diagnostics.

EAHAD
European Association for Haemophilia and Allied Disorders

& EHC
european haemophilia consortium